



2025-2026 Geauga County Wellness Program

To receive the Wellness Rates in 2027 county employees enrolled in our health insurance must complete the wellness activities from the selection below.

Submit this sheet to the Commissioners Office once all requirements are met.

The deadline to submit is Wednesday JULY 1, 2026.

Please indicate from the list of program activities below which ones you completed.

Completion dates must be between July 1, 2025 and JUNE 30, 2026 to count toward this program year.

DATE

REQUIRED ACTIVITIES

Log in to Anthem.com Website or Sydney Health App

_____ Check to show log in was completed

Take/Retake Health Assessment on website or app

_____ Check to show Health Assessment was completed

Annual Physical/Wellness Exam

_____ Enter month and day Exam was completed

Blood Screening: Cholesterol

_____ Enter month and day Cholesterol Test was completed

Print Full Name

County Department or Office

By signing below, I certify that I have completed the wellness activities as listed above, and understand this information may be verified with Anthem for accuracy.

Signature

Date

Submit this sheet only when all requirements are completed.

Please print and interoffice mail this completed form to BOCC by JULY 1, 2026.

This information provided will be used solely to ensure the county's wellness incentive is distributed appropriately. All of your information will be kept confidential and private.

Keep a copy for your records.

2025-2026 Geauga County Employee Wellness Program



The Geauga County Employee/CEBCO Rewards Wellness Program is a voluntary program available to all Geauga County Healthcare-eligible employees to participate in. Geauga County offers an incentive to complete the program by providing "Wellness Rates," a lower healthcare monthly premium in 2027. Through the generosity of CEBCO Wellness, the Commissioners receive a Wellness Grant each year. This allows the Geauga County Wellness Team to be able to provide a variety of Wellness Activities toward a Wellness Program to enhance your wellness journey. We purchase classes, sponsor lunch and learns, provide participation prizes, raffles and other wellness and health related activities at no cost to the county employees.

Because the Anthem Rewards already has its own digital activities in place, our County-wide Wellness Activities do not apply to the Anthem Rewards Program. Please don't let the digital programming keep you away from enjoying free in-person events and especially our annual Wellness Expo in the Spring!

**For more information or assistance navigating the wellness program:
Contact the Benefits Specialist at the Geauga County Commissioners Office,
12611 Ravenwood Drive, Suite 350, Chardon, Ohio 44024**

CEBCO/Anthem Rewards Wellness Program: July 1, 2025 through June 30, 2026

Complete the Required Activities to obtain the Geauga County Incentive of Wellness Rates in 2027!

Log in at Anthem.com or Download the Sydney Health App from the Google Play or Apple Store

Required Activities:

- ◆ Log on to Anthem.com or the Sydney App.
- ◆ Take/Retake your Health Assessment
- ◆ Annual Physical/Wellness Exam
- ◆ Blood Screening: Cholesterol
- ◆ Complete the 2025-2026 Employee Wellness Program Verification Sheet and submit to BOCC no later than July 1, 2026 at 4pm.

*If your physician states it is medically inadvisable to participate in the Wellness Program, please complete the Medical Waiver and attach to your completed verification list.

Missing completed activities on your online completions list? Rewards not appearing? Trouble syncing your tracking device? Contact

Anthem Member Services: 855-603-7982 * Sydney Tech Support: 866-755-2680

Wellness Program Info & Instruction:



The Geauga County Employee Wellness Program is a voluntary program available to all Geauga County Healthcare-eligible employees to participate in. Geauga County offers an incentive to complete the program by providing “Wellness Rates,” a lower healthcare monthly premium in 2027. Additionally, Anthem rewards cash gift cards for completing specific activities on their digital wellness program.

The current Wellness Program year runs July 1, 2025 through June 30, 2026

To Participate: Download the Sydney App or create your Anthem.com account to follow tracking of your activities, collect/redeem rewards, and complete your Geauga County Wellness Program Requirements.

- The Anthem Rewards program is designed to strengthen your relationship with your physician for optimum health.
- Anthem Rewards may be earned based on activities completed on their online program.
- Anthem Rewards allows you to earn up to \$200 for completing their activities!
- The program is insurance claim-based by utilizing your Anthem Medical Insurance. No physician forms to fill out or blood work screenings to download. Your medical professional submits your insurance claim that syncs with the Wellness Program. Claim-based activities may take up to 60-days to be recorded on your wellness rewards account.
- Activities to participate in are pre-programmed by Anthem on their wellness site. Completed activities may take up to 48 hours to be recorded on your wellness rewards account, such as Team Challenges, etc.
- Anthem allows the Employee and their Spouse to participate in their Rewards Program. The spouse would need to set up their separate account with their own email, complete the activities and earn/redeem their own rewards. Geauga County only requires the Employee to complete the Wellness Program to earn the lower healthcare premium/Wellness Rates. Spouses are permitted to participate and earn Anthem Rewards.
- Complete your Wellness Exam (Annual Physical), Log on to Anthem.com or the Sydney app, and take your Health Assessment/Health Profile and bloodwork to include a Cholesterol test to earn your county incentive of “Wellness Rates”. Complete the Employee verification sheet and submit to the Commissioners’ office. If your physician states it is medically inadvisable to participate in the Wellness Program, please complete the Medical Waiver and attach to your completed verification list. **DO NOT SEND THE MEDICAL WAIVER TO ANTHEM.**

Upon completion of each activity, you will be rewarded a designated dollar amount.

- These earnings will be tallied on your personal account under My Rewards.
- You may redeem your rewards throughout the year or wait until completed at the end of the program. Rewards do not add onto the following year and must be redeemed by the end of September (subject to change by Anthem).
- This cash reward is not coming from Geauga County; therefore, they are not taxed by your employer. As a responsible taxpayer when you file your personal tax returns, it is your responsibility to include these earnings if applicable. You will not receive any tax information on earned rewards from Anthem.

How to Redeem your earned Rewards in the form of a Digital Gift Card(s):

- Log onto your account, go to My Health Dashboard ->My Rewards ->Redeem My Rewards.
- Select from different vendors: Amazon, Apple, Gap, Home Depot, Mastercard, TJ Maxx, Target, Uber.
- Select the gift card you would like and follow the instructions on the screen.
- You can elect to redeem the entire balance with one digital card, or you can divide your balance on multiple cards. Minimum balance required to redeem rewards is \$5 for all vendors, besides Gap and TJ Maxx which is \$10.
- Digital gift cards do not have an expiration date, except for Mastercard. Your Mastercard will show the expiration date once received.

Anthem Health Rewards Medical Waiver Form

Request to Waive Wellness Program Due to Medical Reasons



Section 1: Reason for this form

Your employer (or the employer of the person whose name is on the health plan) is offering rewards to employees and their dependents. * You can receive rewards by completing certain wellness programs. But if you are not able to complete the wellness program due to a medical condition, you may still apply to get the reward. To do so, you and your doctor must certify that:

- It is unreasonably difficult for you to complete the wellness program due to a medical condition.
- It is medically inadvisable for you to complete the wellness program.

If either of these reasons applies to you, you can apply for the reward by filling out your portion of this form and having your doctor complete his or her portion. This form is only good for the current plan year of the employer's program. A new form will need to be completed for each plan year. Please keep a copy of the complete form for your records. A form must be filled out for each wellness program you are requesting a waiver.

Section 2: Form to be completed by member – Employee or dependent

Last name	First name	M.I.	Date of birth (MM/DD/YYYY)	
Street address	City		State	ZIP code
Member ID no.	Group no.			
Please fill in the wellness program as listed on Anthem Health Rewards <i>Ways to Earn</i> page for which you are applying for a waiver (one wellness program per form):				
By signing this form, I certify that I am unable to complete the wellness program listed above due to a medical condition, or it would be medically inadvisable for me to complete the wellness program. My doctor will confirm this with a signature in Section 3 of this form. I also certify that the information on this form is true and correct.				
Member signature X	Printed name		Date (MM/DD/YYYY)	

Section 3: This section is to be completed by your doctor

Your patient has indicated that they are unable to complete the wellness program listed above to receive a reward due to a medical condition, or that it would be medically inadvisable for him or her to attempt to complete the wellness program. If, in your professional opinion, you agree with these statements, please provide your signature as your endorsement of agreement.

Street address	City	State	ZIP code	Phone no.
Doctor signature X	Printed name		Date (MM/DD/YYYY)	

Section 4: After form is completed, member submits to ~~XEROX~~ GEAGAUGA COUNTY COMMISSIONERS OFFICE

<p>Option 1, submit to mailing address:</p> <p>Anthem Blue Cross and Blue Shield P.O. Box 05557 Atlanta, GA 30348-5557</p> <p>Write "Medical Waiver" in the lower-left corner of the envelope.</p>	<p>Option 2, follow steps to submit online:</p> <ol style="list-style-type: none"> 1. Register and login at anthem.com. 2. Go to the Message Center. 3. Select Compose Message. 4. Select Forms and documents from the subject line drop down. 5. Type "Medical Waiver" in the email body copy, attach your completed form and select Send to submit.
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*Members allowed to participate in rewards program are at employer's discretion.